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To,  
Mrs. Pat Busgeeth,  
Secretary to Mr. George Ampat,  
Consultant Orthopaedic & Spinal Surgeon,  
Southport District General Hospital,  
Town Lane, Southport, PR8 6PN, UK

**Formby Hall Golf Resort & Spa**  
Southport Old Road, Formby,  
Southport L37 0AB  
T +44 (0)1704 875 699



Set amongst 135 acres of parkland, at the heart of England's Golf Coast, Formby Hall Golf Resort & Spa offers the definitive golf resort, luxury spa and hotel experience.

A stylish and sophisticated £15 million pound refurbishment in 2008 has resulted in the completion of a new four-star 62 bedroom Hotel and Luxury Spa.

Formby Hall is now firmly established as one of the finest resorts and luxury hotels in the North West of England.



**The Formby Hall Golf Experience**

Formby Hall is quite simply one of the finest golf resorts on England's Golf Coast.

The challenging 72-par Old Course boasts an excellent pedigree and is an established venue on the European Challenge Tour, while the 9-hole par three course has been described as the best in the UK.

Southport & Ormskirk Hospital  
NHS Trust 

**SPINE CLASS 2010**

**25<sup>th</sup> and 26<sup>th</sup> March 2010**

at  
**Formby Hall Golf Resort & Spa**  
**Southport Old Road**  
**Formby, Southport, L37 0AB**

**Spine Class consists of two concurrent sessions.**

**SPINE CLASS BASIC** is aimed at GPs, Junior Doctors Nurses, Physios, Osteopaths, Extended Scope Practitioners, Chiropractors. and other allied health professionals.

**SPINE CLASS ADVANCED** is aimed at Specialist Registrars, Senior doctors and Senior Allied Health Professionals.

9 CPD points has been sought from the British Orthopaedic Association.

Registration for Spine Class Basic £130/- for both days. £75/- for a single day.  
Registration for Spine Class Advanced £150/- for both days. £90/- for a single day.

Spineclass 2009 was evaluated at a mean of 4.2 on a scale of 0 to 5 by all the delegates.  
Pre and post course testing showed statistically significant knowledge gain in all groups.

[www.spineclass.com](http://www.spineclass.com)

**PROPOSED PROGRAMME FOR SPINE CLASS - BASIC**

**Aimed at GPs, Junior doctors, Extended Scope Practitioners, Nurses, Physios, Osteopaths and other allied health professionals**

**25<sup>th</sup> March 2010**

1	Anatomy, Biomechanics & Surgical Approaches to the Spine	Mr. Peter Kenyon
2	Physical Examination of the Spine	Mr. George Ampat
3	Spinal Imaging	Dr. Peter Hughes
4	Advanced Pain Therapies for Failed Back Surgery Syndrome and Psychosocial Care	Dr. Manohar Sharma
5	Osteoporosis, Metabolic and Inflammatory Diseases of the Spine	Mr. Antony Michael
6	Surgical Management of Low Back Pain	Mr. Brian Todd
7	Clinical Neurophysiology	Dr. Arul Selvan
	COFFEE BREAK	
8	Chiropractic - Who are the patients, how are they treated, what is the evidence of effectiveness in spinal disorders?	Prof. Jan Hartvigsen
9	Osteopathy - What does it offer?	Dr. Jo Sunner
10	Lumbar Disk Herniation	Mr. Alastair Gibson
11	Lumbar Spinal Stenosis and Degenerative Spondylolisthesis	Mr. Brian Todd
12	Diagnostic and Therapeutic Spinal Injections	Mr. George Ampat
13	Primary and Metastatic Spinal Tumors	Mr. Rajiv Bajekal
	LUNCH	
14	Vertebral Discitis and Osteomyelitis	Mr. Rajiv Bajekal
15	Spinal Deformity	Mr. John Dorgan
16	Cervical Disk Herniation and Cervical Spondylotic Myelopathy	Mr. Manoj Khatri
17	Back Pain in Children and Adolescents	Mr. John Dorgan
18	The Management of Low Back Pain: A Comprehensive Rehabilitation Program and Functional Restoration	Dr. Chris Barker
	COFFEE BREAK	
19	Cervical Spine Trauma	Mr. Michael Grevitt
20	Thoracic and Lumbar Spine Trauma	Mr. Manoj Khatri
21	Spinal Cord Injury . Initial management	Dr. Alan Owens
22	Spinal Cord Injury . Rehabilitation.	Mr. Fahd Selmi
23	Newer Technologies	Mr. George Ampat

**26<sup>th</sup> March 2010**

1	Chiropractic . Manual examination and treatment, a demonstration	Prof. Jan Hartvigsen
2	Osteopathy . Manual examination and treatment, a demonstration	Dr. Jo Sunner
3	Deep Tissue Massage & Sports Therapy a demonstration	Ms Sarah Hall
4	Pilates . Core stability and back care . a demonstration	Ms. Debbie Mulholland
5	Physiotherapy . Therapy and rehabilitation . a demonstration	Prof Nadine Foster
6	Acupuncture . A demonstration	Dr. Zymolowski
	COFFEE BREAK	
8	Workshop on how to interpret MRI scans.	Dr. Peter Hughes and Dr. Iswar Ramachandran

**PROPOSED PROGRAMME FOR SPINE CLASS - ADVANCED**

**Aimed at Registrars, Senior doctors and senior allied health professionals**

**25<sup>th</sup> March 2010**

1	Biomechanics of the Spine and Spinal Instrumentation including Bone Grafts and Substitutes	Mr. Manoj Khatri
2	Biomechanical Aspects of Intervertebral Disk Degeneration	Mr. Rajiv Bajekal
3	Anatomy and Surgical Approaches	Mr. James Davenport
4	History and Physical Examination	Mr. George Ampat
5	Spinal Imaging and Diagnostic Tests	Dr. Peter Hughes
	COFFEE BREAK	
6	Evaluation and Management of Spinal Cord Injury	Mr. Rajiv Bajekal
7	Lumbar Spinal Stenosis	Mr. George Ampat
8	Cervical Spine Trauma	Mr. Michael Grevitt
9	Thoracolumbar Spine Fractures	Mr. Manoj Khatri
10	Degenerative Cervical & Thoracic Spine Disorders: Surgical and Non Surgical Management	Mr. Alastair Gibson
	LUNCH	
11	Lumbar Disk Disease: Pathogenesis and Treatment Options	Mr. Brian Todd
12	Lumbar Spondylolisthesis & Adult Spinal Deformities	Mr. Michael Grevitt
13	Surgical Management of Axial Back Pain	Mr. Brian Todd
14	Spinal Rehabilitation and Disability Evaluation	Mr. Fahd Selmi
	COFFEE BREAK	
15	Scoliosis & Kyphotic Spinal Deformities in Children	Mr. John Dorgan
16	Spinal Infections	Mr. Alastair Gibson
17	Rheumatoid Arthritis & other Spondyloarthropathies	Mr. Antony Michael
18	Spinal Tumours	Mr. Michael Grevitt

**26<sup>th</sup> March 2010**

1	Clinical case presentations and practice for FRCS Orth Clinical examination	Mr. Michael Grevitt Mr. John Dorgan Mr. Brian Todd Mr. Rajiv Bajekal Mr. Manoj Khatri Mr. Antony Michael Mr. George Ampat
	COFFEE BREAK	
2	Practice session for the FRCS (Orth) . theory exam	Mr. Michael Grevitt Mr. John Dorgan Mr. Brian Todd Mr. Rajiv Bajekal Mr. Manoj Khatri Mr. Antony Michael Mr. George Ampat

**Registration**

- I wish to attend Spine Class . Basic only on Day 1 - 25<sup>th</sup> Mar 09 **£75/-**
- I wish to attend Spine Class . Basic only on Day 2 - 26<sup>th</sup> Mar 09 **£75/-**
- I wish to attend Spine Class . Basic on both days 25<sup>th</sup> & 26<sup>th</sup> Mar 09 **£130/-**
- I wish to attend Spine Class . Advanced only on Day 1 - 25<sup>th</sup> Mar 09 **£90/-**
- I wish to attend Spine Class . Advanced only on Day 2 - 26<sup>th</sup> Mar 09 **£90/-**
- I wish to attend Spine Class . Advanced on both days 25<sup>th</sup> & 26<sup>th</sup> Mar 09 **£150/-**
- I wish to attend the course dinner on the evening on 25<sup>th</sup> Mar 2010 **£30/-**  
I wish to bring 0 0 0 (please insert number) of additional guests for the course dinner. @ £30/ pp **£.....**

**Enclosed with registration please find my cheque. Please make the cheque payable to Southport and Ormskirk Hospitals NHS Trust**

Name	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
I am a	Consultant / SPR / GP / SHO / ESP / Nurse / Physio / Osteopath /Chiropractor / other (please specify) 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Address	0 0
E-mail ID	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
Tel	0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

**Enquiries please contact**

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